About Amritsar

Amritsar, the most sacred city of the Sikhs, is an important tourist attraction of Punjab. The word Amritsar means 'Pool of Nectar'. The city of Amritsar is named after the sacred pool in the Golden Temple, one of the holiest Sikh shrines. Amritsar is situated only about 29 km from Wagah, on the India-Pakistan border.

Tourist Attractions in Amritsar

The main tourist attraction in Amritsar is the Golden Temple. Besides, the Golden Temple, the Ram Bagh Gardens, Jallianwala Bagh, Durgiana Temple, Wagha Border, Gobindgarh Fort, War Memorial and Baba Atal Rai Tower are the various places which can be visited.

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REGISTRATION FORM

Name ______________________________
Age/Sex ______________________________
Designation __________________________
Institute _____________________________
College Address ________________________
Mob. No.: _____________________________
Email ________________________________
Cheque/DD/NEFT No. __________________ Date __________________

Registration Fees*

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Doctors</td>
<td>Rs.1000/-</td>
</tr>
<tr>
<td>Staff Nurses</td>
<td>Rs.700/-</td>
</tr>
<tr>
<td>Students</td>
<td>Rs. 500/-</td>
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</table>

Payment Details

Payment can be made by online transaction/DD drawn in favour of Sri Guru Ram Dass Conference/CME’s A/C
A/C No. 360601000040
IFSC-ICIC0003606
ICICI Bank Ltd. Vallah Mandi Branch, Amritsar

Note: All delegates registering should e-mail the copy of the financial transaction/receipt at: drharjotbirgi@gmail.com

Contact Details

Dr. Harjot Singh (M) 77104 49777
E-mail: drharjotbirgi@gmail.com

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Sri Guru Ram Das University of Health Sciences
Sri Amritsar

In Collaboration with
Cancer Aid Society India
&
Kosish - The Hospice

Organizes

WORKSHOP ON PALLIATIVE CARE

on
5th October, 2019

at
SGRDIMSR, Sri Amritsar
About the Course

Workshop on Palliative Care and Cancer Pain Management Addressing Cancer Pain Policy in light of Amended NDPS Act

71% of all deaths are presently attributed to Non Communicable Diseases according to World Health Organisation leading to the need for addressing the excruciating pain and other distressing symptoms whereas access to Pain Medication & Palliative Care is virtually nil leading to poor quality of life and miserable death in most cases.

Palliative Care is care beyond cure and aims not only to improve the quality of life but also ensure quality of death for patients bringing relief to their families which is our objective.

This one-day workshop deals with the various aspects of Palliative Care, WHO Perspective, Cancer Pain Assessment and Management, Spiritual, Social & Psychological aspects in end of life care, Legal aspects of availability and use of Oral Morphine for Cancer Pain Management so that patients with life-limiting illnesses are given the opportunity to live remaining days with meaning and without distress.

Successful pain treatment uses holistic approach that addresses all aspects of care and sufferings. As such our workshop concentrates on small group settings and will be most beneficial to Nurses, Physicians, Surgeons, other Healthcare Providers working in related specialties, Oncologists and Palliative Care Professionals or those interested in Train the Trainers.

Facilitators:

Dr Abhijit Dam
Medical Director, KOSISH-the hospice, Rural Jharkhand
Secretary, Indian association of Palliative Care
Pioneering the cause of palliative care in Jharkhand & adjoining West Bengal since 2006. Established the first Long term care facility for the Elderly & Terminally ill in rural setting.

Dr Piyush Gupta
Secretary and Chief Executive Officer at Cancer Aid Society
Lucknow, Uttar Pradesh, India

Neha Tripathi
Director International Relations & I/c Palliative Care

Project Coordinator

Dr. Harjot Singh
Asst. Prof.
Department of Community Medicine
Sri Guru Ram Das Institute of Medical Sciences & Research,
Sri Amritsar

Scientific Programme

**Program Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>08:30 - 09:00 am</td>
<td><strong>REGISTRATION</strong></td>
</tr>
<tr>
<td>09:00 - 09:30 am</td>
<td><strong>Welcome Address</strong></td>
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<tr>
<td>09:30 - 10:00 am</td>
<td>Background &amp; Need of Palliative Care, Ms. Neha Tripathi</td>
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<tr>
<td>10:00 - 10:45 am</td>
<td><strong>INAUGRATION AND TEA</strong></td>
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<tr>
<td>10:45 - 11:15 am</td>
<td>Experiences from Fellowship Course, Dr. Harjot Singh</td>
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<tr>
<td>11:15 am - 12:15 pm</td>
<td>Principles of Palliative Care with discussion, Dr. Piyush Gupta</td>
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<tr>
<td>12:15 - 12:45 pm</td>
<td><strong>LUNCH</strong></td>
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<tr>
<td>12:45 pm - 1:15 pm</td>
<td>Ethical Issues, Dr. Abhijit Dam</td>
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<tr>
<td>01:15 to 01:45 pm</td>
<td>WHO Perspective &amp; Legal Issues, Dr. Piyush Gupta</td>
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<tr>
<td>01:45 - 2:15 pm</td>
<td>Pain Assessment &amp; Management, Dr. Abhijit Dam</td>
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<tr>
<td>2:15 - 3:15 pm</td>
<td>Last Days of Life &amp; Role of Spirituality, Ms. Neha Tripathi</td>
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<tr>
<td>3:15 pm - 3:45 pm</td>
<td>Availability &amp; Use of Oral Morphine, Dr. Piyush Gupta</td>
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<tr>
<td>3:45 - 4:15 pm</td>
<td>Case Studies (Home Care/Hospice), Dr. Abhijit Dam</td>
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<tr>
<td>4:15 - 4:50 pm</td>
<td>Discussion &amp; Questions, Panel of 3</td>
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<tr>
<td>4:50 - 5:00 pm</td>
<td>Vote of thanks, Dr. Harjot Singh</td>
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